



WWF'S ESSENTIAL TRAVEL GUIDE TO THE #GREENHOLIDAYS

Our essential travellers' kit brings you top tips, guides and must-dos for a great holiday that's good for nature and good for you as you navigate South Africa's wonderland.

Planning for success

How you plan your time away determines the impact you'll leave behind. Let us help you keep it green this festive season.

- Plan ahead to give yourself enough time to consider your accommodation choices and the impact of your activities on nature.
- Pack light. The less you pack, the less impact you have in many ways.
- Choose "green" hotels and tour operators.
- Look at fun, sustainable activities that avoid leaving a harmful imprint on the environment.

Be a responsible holiday maker

- Stick to the natural trails and public footpaths.
- Save water by taking short showers instead of a bath.
- Avoid air-conditioners and turn off all lights and taps when you leave.
- Don't flush cotton buds, condoms, tampons and plastics down the toilet.
- Recycle and reduce the plastic you use. Start with cutting out those [problem plastics](#).
- Going somewhere? Walk short distances and aim to use public transport to get around when possible.

Keep the trolley light when you hit the shops with our shopping guide.

- **Think before you buy**

Buy items that will last longer. Minimise buying in bulk. Repair appliances and furniture instead of replacing them. Avoid disposable products

- **Choose biodegradable cleaning products**

Green cleaning products have fewer negative impacts on soil and water systems.

- **Less is better**

Buy products with as little packaging as possible. What you really want is on the inside so don't get bogged down by labels.

- **Say 'yes' to sustainable seafood**

Always look for the Marine Stewardship Council label.

- **Choose sustainably sourced wood**

Make sure that any timber products you buy – from garden chairs to toilet rolls, paper and envelopes – carry the Forest Stewardship Council label.

- **Bring your own bag**

Using your own bag reduces waste.

- **Buy recycled**

Buying recycled products saves energy and resources and reduces waste.

- **Buy local**

Wherever possible, buy local, seasonal produce that hasn't crossed the globe to get to you.

- **Buy energy-efficient appliances**

Whether a TV, washing machine, refrigerator, dishwasher or oven, buy the most efficient model you can afford.

5 ways to keep your belly full and your bin empty:

1. Check for the 'best before' date and if you won't use it in time, give it away.
2. Store food in creative ways to ensure it is seen and eaten.
3. Prepare the right amount and freeze leftovers.
4. Go back for seconds rather than serving too much.
5. Use the whole food item from top to tail.

Getting from A-to-B

- Car pool as much as possible.
- Fly direct to use less fuel.
- Take a holiday close to home – it's cheaper and will save you time.

HOW WWF IS MAKING IT EASIER FOR YOU:

Get SASSI for sustainable seafood

WWF has taken the guesswork out of choosing sustainable seafood. The WWF Southern African Sustainable Seafood Initiative provides a "traffic light" system, which makes it easier to pick seafood that is sustainably sourced. The green list tells you which seafood can be eaten with a clear conscience, the orange list cautions you to think twice and the red list warns you about which seafood should be avoided altogether, because it's either unsustainable or illegal to sell it in South Africa. Get the app at: wwf.org.za/sassi

Cheers to green wine

The Conservation Champion Wine Farm Guide is a GPS-enabled digital collection of WWF's 38 champion wine farms offering information on a variety of activities as well as a glance into their conservation journeys. It also provides special offers and promotions. Having this information at your fingertips makes it easy to plan your next day trip or weekend escape with a hike or mountain bike trail. By choosing one of these farms, you're assured of a spectacular experience in the heart of the floral kingdom. To get the app, visit wwf.org.za/wineapp

Explore our partners

WWF works with many like-minded organisations that work For Nature. For You. Why not explore what they have to offer.

- Visit the zoo and learn about our world in [Johannesburg](#) or [Pretoria](#).
- Dive into marine conservation at [Two Oceans Aquarium](#) in Cape Town.
- The Sci-Bono Discovery Centre in Johannesburg offers an array of science and technology-based events and programmes. Find out more about their work: www.sci-bono.co.za/
- Visit [uShaka Marine World](#) in Durban.